

Still in the Shadows?

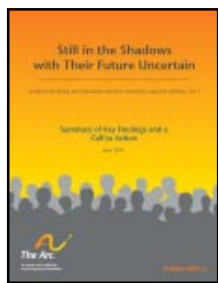
The Arc Issues a Call to Action

Funding is scarce, families are stressed, people with intellectual and developmental disabilities (I/DD) are not being given the opportunities they deserve to live up to their full potential. The Arc has known that intuitively for some time. Now, steps have been taken to actually measure the needs of individuals and families living with I/DD and find out where we're succeeding and where we're falling short. The Arc, in conjunction with researchers at the University of Minnesota, conducted an unprecedented survey of more than 5000 individuals with I/DD, their family members and caregivers, covering a host

of issues from education to housing to planning for the future.

The Arc released findings from the survey in their report, *Still in the Shadows with Their Future Uncertain*. The report outlines steps The Arc must take as a movement to address the unmet needs highlighted in the survey.

Although individuals with disabilities have more opportunities than did previous generations, they face some very real challenges in realizing their dreams and even in protecting the progress they have achieved in the last few decades. With deep budget cuts and the proposed restructuring of essential services such as Medicaid, there is a real fear that our society may regress toward the institutional services we have been working to end for more than 50 years. Community and family-based caregiving options need to be supported in a way that actually benefits individuals and families, which is not always the case. Following are just a few of the most dramatic findings from the survey.



- 1 out of 5 families (20 percent) report that someone in the family had to quit a job to stay at home and support the needs of a family member.
- More than 80 percent of families reported not having

enough retirement savings for their future as a result of using personal funds to compensate for the lack of services available to their loved ones.

- 62 percent of parents and caregivers don't have a plan for where the person they support will live when the parent/caregiver gets older.
- 35 percent of caregivers reported needing special equipment, technology or assistive devices, with 67 percent reporting that they can't afford it.

The full report *Still in the Shadows with Their Future Uncertain* is available by visiting www.thearc.org.

Be Part of the Movement

The Arc is calling on 1 million Americans with intellectual and developmental disabilities (I/DD), their parents, their siblings, other family members, their colleagues at work, their neighbors and friends and other people of good conscience to join our movement. Show your support, get more information and help promote and protect the rights of people with I/DD to live, learn, work and participate alongside people without disabilities, in all aspects of community life. To learn more, please visit: <http://www.thearc.org/joinwithus>

Call to Action: Changes to Medicaid Could Have Significant Impact on People with I/DD

There are many proposals being discussed in Washington to balance the budget. What these proposals have in common is that Medicaid spending would be dramatically cut in a short period of time. These proposals are:

See Changes to Medicaid, Page 6

FINDS Study

Key Facts

On the Fiftieth Anniversary of President Kennedy's Call to Action to bring people with intellectual and developmental disabilities, "out of the shadows," are we as a nation meeting that promise?

Today there are 7-8 million people with I/DD living in the United States; conservative estimates are that more than 1.2 million are children.

There has been significant progress

1967 – More than 187,000 people with I/DD living in state institutions

2009 – Fewer than 34,000 people with I/DD living in state institutions

2006 – More than 117,000 people with I/DD participating in supported/competitive employment

But the nation continues to fall short

Falling Short in Education

- 52% of families report their family members with I/DD left school without receiving a high school diploma
- Fewer than one-third of students with I/DD reported as fully included in regular classrooms in regular primary/middle (29%) or high school (32%)

Falling Short in Employment

- 85 % of families reported that their adult family members with I/DD were not employed either part-time or full-time.
- There is no system in place

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A View from My Window

Hosted by Michelle Fischer

The Arc of Indiana welcomes you to listen in to *A View from My Window*, our audiocast hosted by Michelle Fischer.

Visit the “Media Gallery” or “News and Events” on our website, www.arcind.org, to listen to the latest edition and past broadcasts of *A View from My Window*, including these recent shows:

A View into The Arc of the United States Report, “Still in the Shadows with Their Future Uncertain” <http://www.arcind.org/media/description.asp?mid=73&cid=9>

A View into the 2011 State Legislative Session with Kim Dodson <http://www.arcind.org/media/description.asp?mid=70&cid=9>

A View into Special Olympics Indiana with President/CEO Mike Furnish <http://www.arcind.org/media/description.asp?mid=69&cid=9>

A View into the Special Olympics State Games with Mom, Laura Dicken-Schofield <http://www.arcind.org/media/description.asp?mid=68&cid=9>

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Michelle interviews Special Olympics Indiana CEO, Mike Furnish.

Where in the World is The Arc?

The Arc In Indiana!

This past March, The Arc of Indiana proudly unveiled our new brand identity. Our new logo is the new face of The Arc, and unites the affiliated chapters of The Arc under the banner “Achieve With Us,” a call to move forward in leading the way to progress, inclusion and respect for people with intellectual and developmental disabilities.

To celebrate The Arc’s new look, The Arc of Indiana staff traveled throughout Indiana in a statewide blitz in April to thank our local chapters of The Arc and share with all the message, **Where in the World is The Arc? In Indiana!**

All told, we made 42 visits to local chapters of The Arc and service providers, meeting with local Arc members, volunteers, self advocates, professionals and the public at large.

Thanks to all of the local chapters of The Arc for all they do every day to improve the lives of people with intellectual and developmental disabilities and their families.

To learn where a local chapter of The Arc is in your area, visit www.arcind.org and click on “About The Arc.”



The Arc of Dearborn County



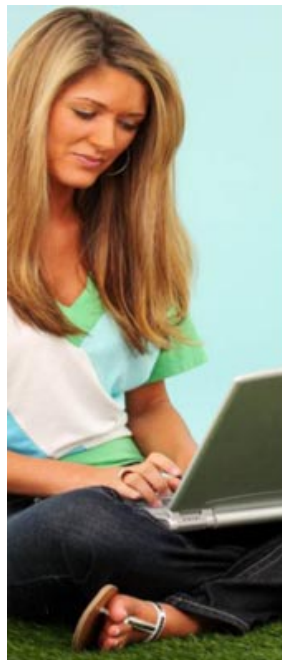
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Gateway Services / The Arc of Johnson County



Coming Soon: Blogging Basics & Networking Workshops

Do you find yourself looking for a way to connect or share information and resources with others? Are you frustrated with services or how you or your loved ones are treated? Are looking for a platform to share a unique area of knowledge or point of view, or to just have a creative outlet?

**Connect, Share, Reach Others--
Blogging is for You!**

The Arc of Indiana will be offering a Blogging Basics Workshops and Blogging Networking Workshops in the near future. Please contact smorris@arcind.org or crisgoode@gmail.com if you are interested in more information.

Executive Director's Column



John Dickerson

So much of what The Arc does addresses issues at the state or national level. We often ask you to call, write and share your story with key leaders. Yet all change really comes back to our own communities. Tim Shriver, the leader of Special Olympics, says it so very well in this article that I want to share with you. Please take a few moments to read this important message, and then think and act on what you can do, in whatever way, to improve the lives of people with intellectual and developmental disabilities today.

The Bitter Truth

by Tim Shriver

Chief Executive Officer, Special Olympics

(The week of June 5, 2011) New York Times reporter, Danny Hakim discovered the unmistakable pattern of a crime—the suspicious death of Jonathan Carey, a series of questionable actors who were close to the deceased at the time of his death, a string of denials by those close to the scene, refusals by those same actors to speak on the record, and a medical report that points to foul play. What may have shocked readers, however, is that the crime was not discovered in an underworld mob family or in a drug cartel but among the State of New York's caregivers for people with intellectual disabilities.

Did the State of New York kill Jonathan Carey?

Probably. Carey was a 14-year-old with autism who was under the care of the State. The likely perpetrator was an employee of the state. The denials are coming from leaders in the state. The outrageous likelihood is that the State did kill Jonathan Carey. And the even more stunning reality is that such a crime against a person with intellectual disability is far from rare around the world.

Last week, the World Health Organization (WHO) confirmed that New York is just the tip of the iceberg. After 30 years of bypassing the health of people with disabilities, the WHO has now reported what has been obvious to people with intellectual disabilities around the world: people with disabilities are an enormous and growing population, and their care and support is in crisis. The medical profession is ill equipped to care for them, governments are largely ignoring them, and most interventions designed to help promote public health and education fail to reach them. In most developing countries, care is abominable. Jonathan Carey's tragic death from neglect and mistreatment is almost certainly being repeated daily around the world.

How is it possible that more than three decades after the United States began to desegregate schools for people with intellectual disabilities, more than two decades after the United States passed the Americans with Disabilities Act, and five years after the United Nations adopted the Convention on the Rights of Persons with Disabilities, a massive dignity deficit remains? The bitter truth is that subtle but persistent discrimination against people with intellectual disabilities remains rampant around the world. Sadly, most people still perceive a person with an intellectual disability as incapable of contributing to his community and thus, treat her as a liability that is all too easily ignored. The language we use is revealing: they are "in-valids," "retards," "dis-abled."

It's a short distance from that type of discrimination to abuse and even murder, but it's an equally short distance from empowerment to dignity. In recent months, the eyes of the world have been mesmerized by courageous activists in the Arab world as they seek to validate their own dignity in the face of oppressive regimes. They have deployed novel tools—Twitter, Facebook,

and other social media—to carry out a new kind of social revolution: a Dignity Revolution. The most compelling message of those protests wasn't about technology or even about political parties or economics. It was the sign held by a single Libyan man carrying his homemade sign reading, "Ana Rajul;" in English, "I am a man." He had caught and was spreading the dignity virus.

I wish I had his name so I could make him an honored guest at the next stop on the Dignity Revolution, the largest gathering of people with intellectual disabilities in the world, the Special Olympics World Games in Athens, beginning July 25th. There, 7,500 people of all ages from nearly 180 countries will return to the home of the ancient Olympics to compete in sports. But make no mistake. They are also coming with an unmistakable determination to lead a dignity revolution all their own—to attract government leaders, health care professionals, educators, sports organizations, educators and perhaps most importantly, average citizens of every age and color to their own global movement. Their goal is the most difficult of all revolutionary goals: to change people's attitudes, to open people's hearts.

But nothing less is sufficient. Changing laws and rules is necessary but not sufficient. Desegregating spaces or organizations has never been an adequate response to fear and discrimination. Adopting conventions and improving funding formulas has never been enough to change the way people think and feel. For those who seek dignity, governments and their structures are often an obstacle, but they are rarely the totality of the solution. The real engine of acceptance and dignity is your neighbor, your classmate, your colleague at work. Governments can't force them to think more openly or to see dignity more universally.

Celebrating Gifts and Innovation

An important focus of the Building Pathways to Empowerment Campaign is celebrating the many gifts that people with developmental disabilities have to offer, as well as the resourcefulness and creativity of local chapters of The Arc and other providers who work every day to develop and implement innovative programs for individuals in their communities.

The Arc of Indiana's 2011 calendar features both innovative programs and individuals with disabilities who are contributing to their communities through paid employment, volunteer work,



Karel Decker and Janet McCollum, B-County Services, local chapter of The Arc in Adams and Wells Counties

leadership activities and so much more. Throughout 2011 we are sharing the stories of those featured in our 2011 calendar.

Music therapist Karel Decker and Janet McCollum enjoy playing together in Bi-County Services' Music Therapy program. Music therapy is designed to address non-musical goals such as social, communication, motor, emotional and cognitive skills. The sessions may include playing instruments, singing, dancing, movement, listening to music and music relaxation. Twice a year the music therapy department coordinates a community performance. Individuals participate in music solos, group music performances and dance performances organized around a particular theme.

Jimmie Yeley has lived on his family farm his entire life. After the death of his mother in 2007, Jimmie was able to continue living on the family farm with the assistance of the Supported Living Program at Carey Services.



Jimmie Yeley, Carey Services, local chapter of The Arc in Grant and Blackford Counties

Even at 66 years of age, Jimmie continues to be very active. Anyone who knows Jimmie will attest to the fact that he thoroughly enjoys work. He still works full-time, and he particularly enjoys driving his tractor, using it to maintain the yard and property.

Jimmie has been able to continue to live successfully and happily in the only home he has ever known thanks to supports he receives through the Developmental Disabilities Medicaid Waiver.

Carey Services is proud that they are able to help fulfill Jimmie's wish to live where he wants and do the things that are important to him.

Thank You to

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For 55 years The Arc of Indiana has stood as beacon of hope for individuals with disabilities and their families. We were able to touch countless lives in 2010 because of the incredible generosity of our donors. Thank you for helping us help others.

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Memorials

During 2010, The Arc of Indiana received memorial donations for the following individuals. While nothing will ease the loss suffered by family and friends, these memorial gifts serve as a tribute to these very special people.

Alice Altman
 Chris Barr
 Carl Burnside
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In 2010, The Arc of Indiana received donations in honor of the following individuals.

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Lia Smollen
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Teddy Vandenberg
Jill Vaught
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Changes to Medicaid, from Page 1

Block Granting Medicaid would give states a fixed amount of money for health care and long term services and would likely remove requirements, such as eligibility and service minimums, for how the states spend the money.

Spending Caps, with automatic enforcement would set a limit on federal spending that is well below current spending and would likely result in a Medicaid block grant. Automatic enforcement mechanisms mean that, if a spending target is not met, cuts are made automatically without the need for further Congressional action.

One major problem with block granting Medicaid is that the costs do not simply go away. Costs would be shifted to already cash-strapped states. If states do not make up the federal cuts, the costs would shift again to individuals and families, health care providers, other federal programs or local governments.

There would be no guarantees to health care services, and waiting lists would continue to grow.

Block grants would likely have few rules, and states would be free to change eligibility, cut services and manage programs with little federal oversight.

Since services to people with disabilities and the elderly are significantly more costly than health care coverage for children, states may be forced to make difficult choices including:

- Reducing or eliminating home and community based services and supports
- Moving people back to institutions
- Tightening eligibility for services
- Requiring more out of pocket costs for individuals and families
- Reducing or eliminating critical services

What can you do?

It is critical that Senator Richard Lugar, Senator Dan Coats and your U.S. Representative hear from families and individuals with disabilities. Share how Medicaid programs and services, including health care services, have helped you or your family. Share how changes to Medicaid could impact you. For contact information, and to keep up to date with action in Congress on Medicaid, visit our Legislative Action Center and sign-up to receive Legislative Memos and Action Alerts. Learn more by visiting www.arcind.org and clicking on "Legislative Action."

"Congrats, Michael, You Did It!"

by Sharon Hauss

Recently my son Michael graduated from Ivy Tech Community College in Bloomington. Michael has a disability, cerebral palsy. Michael uses a communication device for his speech, a power wheelchair for mobility and requires 24/7 assistance and monitoring. The cerebral palsy has affected most of the muscles in his body; therefore, his speech is impaired, he cannot walk and he requires total assistance with all of his personal needs, such as eating, drinking, meal preparation, showering, teeth brushing, etc. Michael can tell someone what needs to be done to help him by using his communication device, but he cannot do it himself. He needs someone to be his hands.

Michael and I live together, in a home that is fully accessible for him. It was designed by his brother Nick who made sure it includes everything to make Michael's quality of life the best it can be. Some of the accessible features in our home include wider doorways and hallways, large rooms, roll-in showers, a drop down bar in the kitchen, lowered rocker light switches, multiple step-free entries, and a ramp on the inside of the house that goes downstairs.

Michael has received home and community based supports through the Developmental Disabilities (DD) Medicaid Waiver since October 2001. He had been on a waiting list for seven years when his name finally made it to the top, just when I was having health issues and my doctor said I could not continue to lift or transfer my son in or out of his wheelchair.

Michael requires direct care staff during the day, from the time he gets up until he goes to bed. Once Michael is in bed, he is good until the next morning, so his staff leaves, and I am there for his safety and health in case there is an emergency. In the event of an emergency I must call for help, as Michael can't get out of bed by himself, and I am under

doctors' orders not to lift anything over 40 pounds.

Waiver services have helped Michael become as independent as he possibly can be, as well as be an active member of the Bloomington community. Direct care staff drive Michael where he needs to go in a van with a wheelchair lift that we purchased, allowing him to pursue activities like going to the movies and museums, attending doctor appointments and concerts, going out to eat, and shopping. Michael was able to attend classes at Ivy Tech and do volunteer work at T.C. Steele State Historic Site due to his direct care services. Vocational Rehabilitation made sure that Michael had the assistive technology he needed to complete his coursework at Ivy Tech. They currently provide services to assist him in finding a job.

The budget cuts that are happening statewide are a huge concern to us. Michael is looking at a reduction in his budget of approximately 51%. The reduction, if we cannot get it reversed, would mean Michael would not have direct care staff about 8 hours per day, every day. His health and safety would be at risk. He could not use the restroom, eat or drink. He could not get to safety in the event of an emergency.

We understand what the state is trying to do, trying to even out services and make sure people only receive the amount of services they need. However, the algo levels that have been developed for the Objective Based Allocation (OBA) budget allocation process do not always capture individual needs, and not everyone fits neatly into a level. Michael is one of those individuals.

Individuals that have severe physical disabilities and no behavior management needs seem to be the people that don't fit into the boxes/levels of care. Michael is also getting penalized for living at home with me. The state is assuming the family can pro-



Michael Ely on his graduation from Ivy Tech.

vide more assistance than I am physically able to provide.

Home health is not a good option for my son because they don't provide transportation. How can Michael look for a job or maintain a job if he doesn't have a way to get to and from work? And will his college education be a waste of time and energy if he can't get a job due to lack of transportation? Michael doesn't want to move out of his home with me and live with two people that he doesn't know.

Michael's previous year's budget ended on April 30th. When we heard about Michael's budget cut of 51%, Michael and I immediately contacted our state legislators and Congressman, The Arc, and local and state BDDS offices with letters and emails. Michael even sent a letter to President Obama. We submitted a Budget Modification Request (BMR) to fill in the funding gap, and requested a PARS review and Appeals Hearing. We had the Appeals Hearing on April 19th and just recently learned that the Judge ruled in favor of the state. Now we have asked for an Agency Review and will submit a Memorandum of Law.

Attending college was a long road for Michael. A two-year degree in computer technology took Michael six years to complete as he enrolled in two courses a semester so he could keep up with all of the work required. So on May 13, 2011, we were celebrating and saying, "Congrats, Michael, you did it!" and now we wait to learn what the future holds for Michael.

The budget cuts that are happening statewide are a huge concern to us. Michael is looking at a reduction in his budget of approximately 51%.

The Arc of Indiana Master Trust 2010 Annual Report

Trust I

The Arc of Indiana Master Trust was founded in 1988. Trust I is The Arc of Indiana's original trust. The intent of Trust I is to provide parents with a reliable way to supplement the means-tested benefits their children receive, such as Medicaid and Supplemental Security Income (SSI), when they are no longer there to provide for them.

While alive, parents often supplement means-tested benefits. We know that a trust, properly drafted, can continue this supplement. But we also know that many attorneys do not know how to draft this type of trust. In addition, the cost to retain an attorney that knows how to draft this kind of trust may be more than many parents can afford. Finally, we know that even a properly drafted trust requires knowledge of government regulations. Even a properly drafted trust, improperly used, can interfere with eligibility for means-tested government benefits.

Trust I was created as a way to increase parental confidence that the trust is properly drafted, that it is affordable to most parents, and that the expertise needed for reporting trust disbursements are mastered by The Arc of Indiana. Parents don't have to rely on family members to learn and stay current with the regulations and make the reports. These responsibilities are The Arc's.

Trust II

Trust II was established in 1995 in response to a law passed by Congress in 1993 allowing individuals receiving government assistance (or means-tested benefits) to fund their own trust.

New enrollments in Trust I and Trust II increased in 2010 as compared to 2009. The following charts show Trust I and Trust II enrollments for 2010 and 2009.

Enrollments for 2010					
	1st Quarter	2nd Quarter	3rd Quarter	4th Quarter	Total
Trust I	8	9	10	17	44
Trust II	53	33	51	39	176
Total	61	42	61	56	220

Enrollments for 2009					
	1st Quarter	2nd Quarter	3rd Quarter	4th Quarter	Total
Trust I	5	3	13	9	30
Trust II	40	31	33	44	148
Total	45	34	46	53	178

Rate of Return

As of December 31, 2010 there were 1,923 open trusts with The Arc of Indiana Master Trust. Of those, 1,235 are actively receiving distributions from either their Trust I or Trust II accounts. There are 169 accounts that are funded but are not currently receiving distributions, and 519 unfunded Trust I accounts.

The Trust I Investments had a positive rate of return in 2010. The return was +11.69%

As always this fund is very closely monitored to ensure the safety of our beneficiaries' trust money. The Trust's investments are conservative. The Arc Master Trust invests beneficiary's money as if they have retired and this is their retirement money.

The following table profiles investments as of December 31, 2010:

Mutual Fund – Int. Government Bond	\$12,344,154	42.66%
Mutual Fund – Large Cap Equity	\$8,243,783	28.49%
Mutual Fund – Foreign Stock	\$2,716,624	9.39%
Miscellaneous Cash Equivalents – Taxable	\$2,078,967	7.18%
Mutual Fund – Small Cap Equity	\$1,768,069	6.11%
Mutual Fund – Sector	\$1,749,281	6.05%
Other	\$36,013	.31%

The total on deposit for Trust I and Trust II at December 31, 2010 was \$40,987,236. More detailed information on the Trust's investments can be found by visiting <http://www.thearctrust.org>, in "Helpful Resources and Links."

Satisfaction Survey

Our annual User Satisfaction Survey monitors The Arc Trust's responsiveness to users from the time they call to make a request, to the time they receive a check in the mail. The survey provides valuable feedback to The Arc, families already enrolled, and families thinking about enrolling. "How easy is the Trust to access?" and "How hard is it to get a request approved?" are two questions often asked. Our survey shows we are very accessible and rarely turn down requests. The 2010 User Satisfaction Survey can also be found by visiting <http://www.thearctrust.org>, "Helpful Resources and Links."

Trust Remainder Fund Provides Assistance

One goal of Trust I is to continue some level of disbursement for every beneficiary, even if his or her account is completely depleted. To achieve this goal, The Arc has established a separate fund called the Trust Remainder Fund. This fund contains the remainder amounts from third party and self-funded trusts that have been designated

to The Arc; the remainder amount is deposited into the Trust Remainder Fund. The Remainder Fund has also been used to help people with disabilities in need. From the Remainder Fund, The Arc of Indiana Board of Directors approved the use of \$40,000 in 2010 to help provide \$100 towards the winter heating bill of 400 recipients of Supplemental Security Income.

Online Access

Most of you are by now aware that the online viewing and printing of account statements is now fully functional. For those that have elected to do so they can go to The Arc Trust's website, www.thearctrust.org, log on to the "View Statement Area" and monitor the account activity. If you would like to take advantage of this, please call our office at 317-977-2375 or 800-382-9100.

Finally, Trust staff are available to answer any questions or concerns, as well as to provide presentations about The Arc Master Trust to community groups or in one-on-one meetings, in all areas of Indiana. The Arc Master Trust looks forward to the next year of serving people with disabilities whose parents wish to provide for them, and people with disabilities who have funded their own trusts. The Trust strives each day to provide the very best, reliable and responsive service possible to its beneficiaries.

Please do not hesitate to contact The Arc of Indiana Master Trust at 317-977-2375 or 800-382-9100. We are here to help and assist you in any way we can.

Melissa Justice
Director
The Arc of Indiana
Master Trust

Thomas Ewbank
Partner, Krieg DeVault
Chairman, The Arc Trust
Advisory Committee

The Arc of Indiana's Audited Financial Statements for 2010 included no findings. The report is also available in the "Helpful Resources and Links" section of The Arc Master Trust's web site.

If you do not have access to the Internet and you would like us to mail any of this information to you, please contact us at 317-977-2375 or 800-382-9100.

Endowment will touch countless individuals

In 2005, the Board of Directors of The Arc of Indiana established an Endowment Fund for the organization. In 2009, the Board designated the fund be called the George Rowlas Endowment Fund. George was the president of the board when the endowment was created.

George truly believed in the mission of The Arc and understood how important it is to provide funds to sustain the work. Gifts to the endowment will never be used. Instead, interest from those gifts will be used annually to ensure that The Arc is able to meet the needs of individuals with disabilities for years to come.

A gift to the George Rowlas Endowment Fund will touch countless individuals with disabilities and their families. Here are a few of the options that are available:

Pledges: The Arc of Indiana will accept multi-year gift pledges for the endowment.

Bequests: A bequest is a gift made upon the death of a donor to The Arc of Indiana in a donor's Last Will and Testament or other legally binding testamentary document. Gifts made via a bequest may be outright or contingent, unrestricted or re-

stricted and may include any item or thing of value.

Life Income Gifts: Life income gifts are those that provide donors with annual incomes, including trust and annuities.

Charitable Lead Trusts: Agreements by which The Arc of Indiana accepts assets in trust for a specified term of years, during which it receives periodic distribution from the trust. At the expiration of the time period determined by the donor, assets are transferred back to the donor and/or beneficiaries specified by the donor.

Charitable Remainder Trusts: Agreements that provide distributions to one or more beneficiaries specified by the donor. Established during life or at death, the donor (or his or her estate) receives a current income or estate tax deduction and the beneficiaries receive periodic distributions from the trust. When the trust terminates, the remaining trust funds are paid to The Arc of Indiana. Charitable remainder trusts can last either for the life of the income beneficiaries or for a term between one and twenty years.

Rest Estate with retained Life Estates: A life estate is a form of

deferred gift whereby a donor irrevocably transfers legal ownership of a personal residence or a farm property to The Arc of Indiana by retains the right to live in, on or otherwise use the property for the remainder of his or her life (or for the lives of the donor and his or her spouse or partner) or until such time as the donor or his or her spouse or partner may elect to relinquish or terminate the retained life interest.

Life Insurance: The Arc of Indiana will accept gifts of whole life insurance and term policies.

Retirement Funds: Individuals may designate The Arc of Indiana as a beneficiary of private retirement funds such as IRAs, 401(k)s, Keoghs and tax deferred annuities.

Certificates of Deposit: These may be made payable to The Arc of Indiana upon death. This kind of gift requires no change in your will and removes the contribution from probate proceedings.

To learn more about the George Rowlas Endowment Fund, please contact Jill Vaught, Director of Organizational Advancement, at 317-977-2384 or e-mail jvaught@arcind.org



Self-Advocates of Indiana invites Self-Advocates throughout Indiana to attend!

August 11

2011 Conference

The Marten House
Conference Center

Indianapolis

Come to learn, share and have fun with fellow self-advocates!

August 12

Annual Picnic

Eagle Crest, Eagle Creek Park
Indianapolis

Enjoy lunch, music, dancing, games and fellowship!

Learn more and register by visiting www.arcind.org.

Click on "Self-Advocates."

FINDS STUDY continued from Page 1

that guarantees that young adults with I/DD will have the support they need to live in the community and to find and keep a job after their school years end.

- Their future is uncertain.

Falling Short in Services and Supports

- 58% of parents/caregivers report spending more than 40 hours per week providing support for their loved one with I/DD, including 40% spending more than 80 hours a week.
- 88% of caregivers report that they are suffering from physical fatigue (88%), emotional stress (81%) and emotional upset or guilt (81%) some or most of the time.

- 1 out of 5 families (20%) report that someone in the family had to quit their job to stay home and support the needs of their family member.
- One-third (32%) of parents/caregivers report that they are on waiting lists for government funded services, with an average wait of more than five years. They are waiting for personal assistance, respite, housing, therapy, employment supports, transportation and more. Indiana's waiting list for home and community based services now exceeds 15 years.

An Uncertain Future for Caregivers and People with I/DD

- 82% of families report that their overall economic security is challenged.

- 81% of family care providers report they do not have time to attend to their personal needs.
- 73% report that they do not have adequate savings for retirement.
- Nationally, more than 700,000 people with I/DD live with caregivers between the ages of 51 to 79.

The Arc News in Indiana

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Autism NOW Midwest Regional Summit

The Arc of Indiana was proud to host the 2011 Autism NOW Midwest Regional Summit. Thanks to our sponsors for their support.

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Learn more about Autism NOW at <http://www.autismnow.org>