

Making the Change

The Arc of Indiana Conference, Appreciation Luncheon & Annual Meeting

October 29, 2014 Horizon Convention Center 401 S. High Street Muncie, Indiana

The Arc works every day to empower people with intellectual and developmental disabilities and their families and inspire positive change. We not only advocate for change, we are working to be part of that change, including developing the training institute and teaching hotel in Muncie, Indiana. **Join us at Making the Change, our Annual Conference, Appreciation Luncheon and Annual Meeting, on Wednesday, October 29, 2014 at Muncie's Horizon Convention Center.**

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Conference Speakers

The Shut Up Sisters—On a perfection-preoccupied planet, sisters **Gina Gallagher and Patricia Terrasi** dare to openly speak about the frustrations, stigmas, joys and challenges they face as parents of children with disabilities. Over 500,000 people follow their *Shut Up About Your Perfect Kid* Facebook page. Their refreshingly frank and enjoyable presentation, based on their book, *Shut Up About Your Perfect Kid, A Survival Guide for Ordinary Parents of Special Children*, has participants laughing out loud and celebrating.



Andrew & Craig Peterson—Born with Fetal Alcohol Syndrome, Andrew Peterson lived in foster care almost from birth and was



never expected to walk or talk. All that changed when Craig Peterson adopted him and his three siblings. Thanks to Special Olympics, Andrew became an accomplished runner, winning over 25 gold medals in state competitions; and through the Special Olympics Athlete Leadership Program, he has become an accomplished speaker. Craig Peterson is writing the memoir, *Adopting Faith: A Father's Unconditional Love* and shares parenting advice on his Facebook page, *EACH Child is Special: Working Smarter NOT Harder to Raise Every ONE.*

Pre-Conference – Leading the Change

October 28 – **Local Arc Chapter Executive Directors & Arc Advocacy Chapter Leaders**

- 1:30 – 2:15 p.m. The Shut Up Sisters, Gina Gallagher & Patricia Terrasi
- 2:30 – 5:00 p.m. *Bringing Sanity to Chaos*, George Suess, CEO The Arc of Delaware County, NY
Growing Your Advocacy Only Chapter, Mark Kevitt, The Arc of Indiana
- 6:00 p.m. Dinner at Vera Mae's Bistro

Conference Agenda

- 8:00 a.m. Registration & Exhibits Open
- 9:00 a.m. Concurrent Workshops
- 10:00 a.m. Morning Keynote
- 11:15 a.m. Concurrent Workshops
- 12:15 p.m. Appreciation Luncheon
- 2:15 p.m. Afternoon Keynote
- 3:15 p.m. The Arc of Indiana Annual Meeting, Ask Events & SAI Workshop
- 4:00 p.m. The Arc of Indiana Board of Directors Meeting

Registration Information—Page 8



Muncie Mayor Dennis Tyler will share the vision of the City of Muncie in making the city one that is inclusive to people of all disabilities; and Kim Dodson, The Arc of Indiana, will share the exciting vision of The Arc's Training Institute & Teaching Hotel—scheduled to open in Muncie in 2015.

Self-Advocates of Indiana President's Corner

**Melody Cooper, President
Self-Advocates of Indiana**



Melody Cooper

The Arc of Indiana Health and
Wellness Committee
Riley Pediatric Dentistry
Marion County Board of
Elections
Kroger
Noble/The Arc of Greater
Indianapolis

The date of the 2015 picnic will
be announced in late December
or early January. We hope to see
you there!



On July 18, SAI held our annual picnic at Eagle Creek Park. This year we had over 650 attendees, including approximately 100 volunteers. The weather was perfect for a day of fun. We celebrated with games, food, music, dancing, health and wellness booths, and a dunk tank.

We couldn't have put on such a great event without the help of our volunteers and sponsors. Special thanks to:

SAI Board and Helpers
The Arc of Indiana Staff
Compass Residential and Consulting
IPMG
INARF
FSSA/DDRS
Governor's Council for People with Disabilities
Insights Consulting
Inspired by Fitness LLC
Indiana Pacers



A View from My Window

Hosted by Michelle Fischer

The Arc of Indiana welcomes you to listen in to A View from My Window, our podcast hosted by Michelle Fischer.

Visit www.arcind.org/AViewfromMyWindow to listen to the latest edition and past broadcasts of A View from My Window, including these recent shows:

A View into the Indiana Youth Leadership Forum

**A View with Jay Ruckelshaus & the Ramp Less
Traveled Foundation**

A View with Zach Fenell, Author of *Off Balanced*

**A View into The Arc Advocacy Network's Family
Educators**

Like "A View from my Window
with Michelle Fischer"
on Facebook

Follow Michelle's Blog – My Life
and Stories Behind the Mic

Join Michelle on Twitter
@MFView



SAI President Recognized for Advocacy Work

Indianapolis Mayor Greg Ballard's Advisory Council on Disability recently honored Melody Cooper with the James Pauley Lifetime Service Award. The award recognizes an individual who demonstrates outstanding contributions towards promoting the inclusion and independence of persons with disabilities in the Indianapolis Community.

Melody is President of Self-Advocates of Indiana and is the Self-Advocate Specialist for The Arc's My Life My Choice project (MLMC). MLMC is a statewide effort to interview people with intellectual and developmental disabilities who live in nursing facilities and group homes to talk about their choices and options to move to small, community-based residential programs.

Melody has also served The Arc as an Employment Advocate – advocating for opportunities for people with I/DD to gain employment and conducting trainings on the benefits of employment. She has served as a poll worker in both primary and general elections since 1996.



Melody's husband, Joe Cooper, joined her at the ceremony honoring her achievement.

Melody, who was born with cerebral palsy, graduated from Montgomery County High School, Mount Vernon, Georgia in 1988. Her journey from Georgia, to Indianapolis, to becoming an advocate for people with disabilities is featured in the short film, "Advocate for Change – Melody Cooper," which can be found on The Arc's YouTube channel, www.youtube.com/arcadvocate.



John Dickerson

Executive Director's Column

What an amazing and challenging time it is to be part of The Arc movement. This issue is filled with information for you as a family member, self-advocate, educator and professional.

The Arc's Annual Conference in Muncie – What a great event has been planned for you! On October 28, our preconference for leaders of our local Arc chapters will explore “Bringing Sanity to Chaos” in these challenging times with a presentation by George Suess, CEO of The Arc of Delaware County, NY.

On October 29, we have a full day planned: Funny and inspirational keynote speakers; exhibitors; and workshops on Medicaid, health insurance, education, employment and self-advocacy. At the end of the day we will have a unique “Ask Event”

where attendees can meet one-on-one with experts in their fields.

I hope to see you there! We keep the conference costs low to make it affordable, and when you experience the conference and the people from The Arc from across the state, you will see why we have such optimism for the future.

The Arc National Convention Comes to Indianapolis in 2015

– And speaking of conferences, it is a good time to put October 3-5 on your 2015 calendar. The entire Arc family will be coming to Indianapolis for our national convention. And such a great and diverse family it is.

This will be a wonderful opportunity to attend a national convention without traveling far at all.

We have over 700 chapters of The Arc from New York to Hawaii, Florida to Alaska, and Texas to Minnesota. The issues we face together in Indiana are ones we face together in The Arc throughout the country. This will be a wonderful opportunity to attend a national convention without traveling far at all. The last time the national convention was in Indianapolis, we set an attendance record. We want to break our own record in 2015.

Supporting those who Support People with Disabilities

– In the last issue we shared with you how challenging it is to keep good direct support professionals in the field. Thanks to so many of you who called and wrote. We are using your stories and the data we have gathered to explain to policy makers how important this issue is, and why we need to address it immediately with

both short and long-term plans. It is great news that over 3,500 people were provided supports through Indiana's Medicaid waiver program last year – a record high – but if families cannot find the staff to support them, it makes it a hollow promise of support.

Offering Real Choice – Through our *My Life My Choice* project, self-advocates have interviewed over 1,200 people in group homes and listened to them about what they like and what things they would change in their lives if they could.

I wish I could share with you the experience of two self-advocates talking with each other about their lives. One person shared that this was the first time anyone had ever talked to him about his feelings. Another opened up about events she had never shared with anyone.

Continued on page 4

Blueprint for Change

Celebrating Those Who are Making it Work

The following stories, featured in our 2014 calendar, exemplify the good work that is happening throughout the state thanks to our local chapters of The Arc. Through their efforts, people with developmental disabilities are building career pathways, utilizing their unique gifts, and leading full and meaningful lives in their communities – all key goals of The Arc's Blueprint for Change. Learn more about the Blueprint by visiting www.arcind.org.



KCARC

Local chapter of The Arc in Knox County

KCARC is always looking for ways to bring new experiences to the individuals they serve. During the summer of 2013, the KCARC staff looked for a new activity that would not only be educational, but also fun. Planning and planting a vegetable garden offered the perfect mix.

With the aid of Natural Gardeners, a local community group, several

different types of vegetables were planted and nurtured throughout the summer. Participants in the garden project learned about “companion planting” – finding out what types of plants can be planted together, as well as which flowers resist insect infestation.

Harvesting vegetables was a fun time for all involved. While some vegetables were used for new recipes, others were sold as a fundraiser.

Following the harvest, all involved declared the project a success, and planning for the next garden began.

Noble / The Arc of Greater Indianapolis

Local chapter of The Arc in Marion and Hamilton Counties

Keeping shelves tidy and well stocked with fresh shirts, shorts and other seasonal items isn't always easy – especially when there's a sale going on. But Mollie Noble, a specialist in the Children's Department at JC Penney, doesn't mind. In fact, she loves interacting with the customers and helping them find just the right item to complete an outfit. Mollie, who received help in securing her job through Noble's Community Employment service, has worked



as a valuable member of the store's team for five years.

Mollie's strong work ethic prompted store managers to also hire Katie Shaw, again through Noble, two years ago. Katie is a specialist in the Juniors and Women's Departments.

Home Department Lead Expert Diane Harney manages both ladies and has only the highest compliments for their shared work ethic, “If we could only clone these two, that would be fabulous!”

Carey Services, Inc.

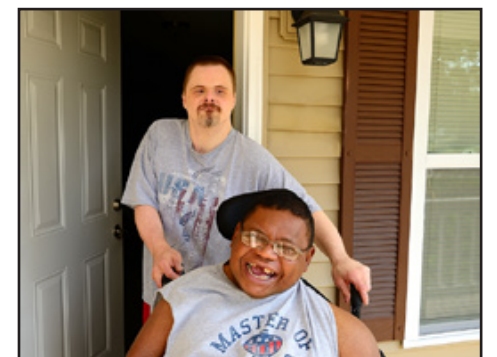
Local Chapter of The Arc in Grant and Blackford Counties

Ricky Greer and Darrell “John” Wilhelm were very excited to move into their new accessible apartment. Ricky's favorite part about his new place is having his own bedroom that he can decorate with what matters most to him. John is very happy to have more space where he

can relax and enjoy his time. Both are delighted to call Pleasant Woods their home.

Carey Services, Inc., a community-based organization responding to the needs of individuals with developmental disabilities for 60 years, completed construction of Pleasant Woods, a rental housing community, in the fall of 2013.

Jacquie Dodyk, Executive Director of Affordable Housing Corporation, said, “Pleasant Woods is a showcase for the look, feel, and



functionality of affordable housing that brings the greater community together with its residents. It spotlights accessibility, connectivity, energy efficiency, universal design and green building features. It's a model for smaller, community-oriented neighborhood housing where people can choose to age in place.”

My Life My Choice

The Arc of Indiana and Self-Advocates of Indiana (SAI) believe in and support choice, community living and advocating for the rights of people to move from institutions.

The Arc of Indiana's My Life, My Choice (MLMC) project, founded in 2012, seeks to help people with intellectual and developmental disabilities (I/DD) realize that they have choices regarding where they live and receive services.

MLMC teams, made up of a person with a disability and a support team member, are currently meeting with people with I/DD who have lived in a group home for more than five years to explain their choices, including moving from the group home to a residential program funded with Medicaid Waiver supports.

To date, MLMC teams have met with over 1,200 people in group homes. Thirty-five percent of those interviewed have said they would like more information about the possibility of moving to a Medicaid Waiver funded setting. Sixty-five percent have said they are happy with where they are currently living.

The program is led by Jill Smith, My Life My Choice Project Coordinator, and Melody Cooper, My Life My Choice Self Advocate Specialist. Jill



Melody Cooper and Jill Smith

and Melody agree that the key to MLMC is the exchange that happens when one self-advocate talks to another about his or her choices and dreams. "I wish I could share the experience when two self-advocates talk with each other about their lives. One person shared that this was the first time anyone ever talked to him about his feelings. Another opened up about events she had never shared with anyone," Jill said.

For more information, contact Jill Smith at jsmith@arcind.org or 317-977-2375 or 800-382-9100.

My Life My Choice is funded through a grant provided by the Indiana Family and Social Services Administration.

Executive Director Column, from page 3

Of the first round of interviews, 35 percent said they would like more information about the possibility of moving to a waiver setting; 65 percent said they were happy where they were. Giving real choice is so important; a special thanks to FSSA for supporting this project, one of the first of its kind in the country.

Celebrating Success and Facing the Challenges – Every day at The Arc of Indiana we hear from families. Some with wonderful stories of success – graduating from high school with a diploma and moving into a career path, moving from a group home to an apartment with one roommate, a parent achieving what she wanted for her child after a hard fought IEP process.

We also hear heartbreaking stories of people denied the most basic of rights afforded by law, even recently a story of a second-grade student with Down syndrome whose teacher, during a struggle of wills, had the police called.

We have so many challenges, and yet we have so many successes to share and build upon. Every day I am reminded why we are here – 20,000 strong in Indiana and over 200,000 strong across the country. We are doing things once thought impossible. We are making dreams happen. And

sometimes we are providing hope where all hope has been lost – all because of you. For this we bring thanks on behalf of people who you will never meet, but who thank you.

We are doing things once thought impossible.

I hope to see you at our conference in Muncie, and if not, in my travels throughout the state. God bless, and my thanks added in; we could not do what we do without you.

The Arc Training Institute & Teaching Hotel

The Arc continues to move forward toward achieving our dream of building the training institute and teaching hotel in Muncie, Indiana to provide postsecondary education opportunities in the hospitality and food service industry for people with disabilities. This unique venture will be unlike anything else in the country.

Be part of this exciting opportunity.

There are several ways you can get involved.

Donations – This is a major undertaking and we are accepting one time gifts, as well as multi-year pledges. Your donations will help make this dream a reality.

Commemorative Bricks – A brick road from the early 1900's was discovered on the property where the training institute and teaching hotel will be built. Those historic bricks are being repurposed and will be used to build a wall around the outside courtyard area. You can purchase a brick and have it engraved for only \$250.00



Original Artwork – We have incredibly talented artists with disabilities here in Indiana. Each hotel room will feature a piece of original artwork from one of these artists. Individuals and companies can sponsor a piece of artwork for \$5,000. A plaque will be placed on each piece with the sponsor's information. In addition, we will produce a coffee table book with all of the pieces and information about the artists and sponsors.

To make a donation, purchase a brick, sponsor a piece of artwork, or to learn more, visit www.arcind.org/training-institute or call us at 317-977-2375 or 800-382-9100.



The Care Gap Crisis

Improving Wages Key to Recruiting and Retaining Direct Support Professionals

Improving wages for Direct Support Professionals (DSPs) who work for and with people with intellectual and developmental disabilities is a key goal of The Arc of Indiana, Indiana Conference of Executives of Arcs (ICEArc) and INARF, Indiana's principal membership organization representing providers of services to people with disabilities.

Nearly 1,250 DSPs responded to a recent survey conducted by The Arc, ICEArc and INARF. Overall findings of the survey show:

- 29% work a second job
- Nearly 60% are the primary wage earners in their household
- 20% receive Medicaid benefits
- The majority of DSPs (62%) work 40 hours or more per week at their primary job
- Nearly half of the respondents were over the age of 40
- 75% agreed or strongly agreed that they see a future for themselves working for and with people with disabilities

Yet, faced with an average wage of \$9.50 per hour, even those who like their work and want to stay in the field cannot support their families working just above the minimum wage.

This challenge is personified by one DSP who contacted The Arc. She shared that despite being a group home supervisor, her hourly wage is \$8.85, and she has only received one wage increase in the last three and a half years. She is 53 years old and works 60 hours a week, if she can get the overtime. She fears what will happen if she has a major health care expense as her medical insurance deductible is \$7,000. "You think about our jobs and what we do. We have people's lives in our hands. I am committed to the girls I care for and love what I do, but I just can't make it on my own since my husband died. I don't know what I am going to do," she said.

A 69-year-old mother from southeast Indiana recently contacted The Arc to share her concern that her 38-year-old son has had fifteen different staff people in the fifteen months he has lived in a Medicaid Waiver residential program. Until he moved to the waiver home, her son was cared for at home by family, and had the same privately paid personal caregiver for seventeen years.

The mother said she was glad she was still there to be a constant in his life, but worries what will happen after she is gone. She hopes that improving wages for her son's staff will lead to more consistent care.

The story another mother shared with us demonstrates just how important a DSP can be in the life of an individual with a disability and their family, "My son Joshua's DSP, Brittany, is outstanding at her work with my son and his friends. She searches

out opportunities for this group to explore and find new hobbies. Cooking groups are common place, and afternoons at the park are a delight to my son. She also sets up community service jobs so they can give back to the community. My son Josh loves Brittany and always looks forward to his time with her. As a parent we appreciate having a Brittany in our home with our son without any worry."



Joshua and Brittany

The next biennial budget will be passed in the 2015 session of the Indiana General Assembly, which begins in January, but work on the budget has already begun as state agencies develop their proposals for the Governor to include in the budget he will present to the State Budget Committee.

According to John Dickerson, The Arc of Indiana executive director, new answers are needed to address this important issue:

- Wages for direct support professionals need to increase across the board.
- Regulatory relief is needed to allow DSPs to spend time working with individuals rather than paperwork.
- New models are needed to encourage services to be provided in innovative ways.

The Arc will be working with our partners to continue to share information with the Indiana Family Social Services Administration, legislators and the Governor on the importance of making meaningful change in improving wages for DSPs. You can help by contacting your legislators and the Governor with your personal stories, whether you are a parent, a DSP or a person with a disability.

For information on how to contact your public officials, visit: www.arcind.org/our-programs/public-policy-advocacy, and be sure to sign up to receive our e-newsletter and Action Alerts at: www.arcind.org/contact-us/e-newsletter-sign-up

Betty Williams Appointed to Presidential Advisory Committee

Betty Williams, Consumer Education and Training Coordinator for The Arc of Indiana, has been appointed to serve on the President's Committee for People with Intellectual Disabilities (PCPID). The committee provides advice to the President and to the Secretary of Health and Human Services concerning a broad range of topics relating to people with intellectual and developmental disabilities.

Regarding this and other key appointments, President Obama said, "I am confident that these outstanding men and women will serve the American people well in their new roles and I look forward to working with them in the months and years to come."

In addition to her role at The Arc, Betty has served as Secretary of Self-Advocates Becoming Empowered since 2012 and served as a Lay Member of the Indiana Developmental Disabilities Commission from 1998-2013. She served as President of Self Advocates Becoming Empowered from

2010 to 2012 and as President of Self Advocates of Indiana from 2005 to 2010. Peter Berns, CEO of The Arc, also serves on the PCPID.



Betty Williams at her first meeting of the President's Committee for People with Intellectual Disabilities, held in Washington D.C. the week of September 1, 2014.

Resolving a Special Education-Related Disagreement with a School

Keith Butler, staff attorney, Indiana Protection & Advocacy Services

This article is intended to describe generally different processes for resolving disagreements with a school under “Article 7,” Indiana’s regulations implementing the state’s requirements under the federal Individual’s with Disabilities Education Improvement Act (IDEIA).

There are several different processes available to a parent ranging from informal discussions with appropriate school personnel to presenting your case in front of an independent hearing officer at a due process hearing. Generally, it is better to attempt to resolve your disagreement in the least formal way available and only utilize the more formal processes if less formal attempts are not successful.

There are two categories of disputes that will typically arise: disagreements over the content of an Individualized Education Plan (IEP) and disagreements on how the IEP is being implemented.

Individualized Education Plan An IEP is a document that creates a plan of services that a student will receive. It includes content including a description of a student’s current academic level and how the student’s disability affects his or her ability to make academic progress, a list of goals for the student and services necessary for the student to meet those goals and to be educated.

An IEP is created by a team called a CCC.

An IEP is created by a team called a Case Conference Committee (CCC) that includes the parent, and several personnel from the school. Technically, if a student is over 18, the parents are no longer considered guardians, and may not be involved in the process unless they are the student’s legal guardian or educational representative, but for simplicity in this article I will refer to parents.

Informal Resolution If your disagreement with the school is with the implementation of the IEP, then the logical first step is to simply discuss the problem with the teacher or staff member who you believe is not properly following the IEP. It is advisable to keep ongoing

communication with school personnel who provide services for the student even when problems do not exist. Disagreements regarding the implementation of an IEP can often be resolved through these ongoing communications. Techniques as simple as phone calls or emails may be all that is necessary.

If parents are unsuccessful at informally resolving a disagreement regarding the implementation of



the IEP, or if they believe the IEP needs to be changed, they should request a CCC meeting be held. A CCC should have all the appropriate people, including the parents, to analyze the problem and discuss solutions, including, if necessary, changing the IEP.

If a disagreement with the school still exists after attempting to resolve it through CCC meetings there are three more formal paths for resolving disputes. The parent could file a complaint with the Indiana Department of Education (IDOE), request mediation, or request a due process hearing.

Filing with Department of Education An IDOE complaint is a process where the IDOE takes on the responsibility of investigating potential violations. An advantage to this process is it is easier for the parent making the complaint than going through a due process hearing. The parent completes a complaint form that is available online at the IDOE’s website, www.doe.in.gov. The form asks for general information about the school and student, why you believe the school has violated the special education law, and what facts you have to support your allegation. IDOE will assign an investigator who will allow you to submit any additional information,

allow the school to submit a response, conduct an investigation, issue a written report making findings about whether he or she has found any violations and require corrective action if necessary.

Mediation Mediation provides a more formalized process for the parties to agree on a solution. Both you and the school have to agree to mediation for it to occur. A neutral, trained mediator will work with both sides with the goal of coming to a binding resolution. This normally involves an in-person mediation session with the parents, mediator and school. Mediation can occur as part of, or separate from, a due process hearing.

Due Process Hearing To resolve a dispute through a due process hearing, a due process hearing request must be submitted to the IDOE. This is typically done by filling out a form available at the IDOE website. An independent hearing officer will be assigned. The school will be required to respond to the allegations in your request. Both parties are required to attempt to resolve their differences at a resolution meeting. If that is unsuccessful, then a hearing is held where both parties have the opportunity to

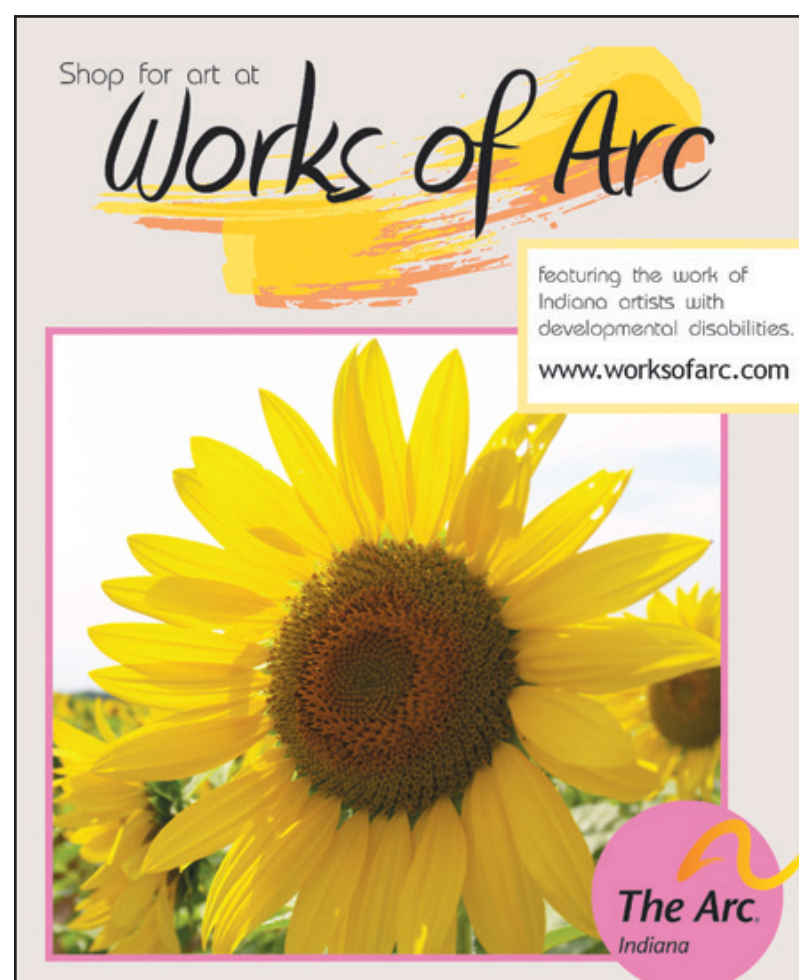
present evidence, bring witnesses, and cross-examine the other party’s witnesses. If you choose, you can be represented by an attorney or non-attorney.

The hearing officer will issue a written decision that makes findings of facts and conclusions of law and includes necessary orders to implement the decision. The hearing officer’s decision will also explain the process for further appealing the case should either party decide to do so. Resolutions may include remedies like requiring the school to follow the IEP, requiring a change to the IEP, and requiring the school to provide certain services.

If you feel like a school is violating your rights, you can contact Indiana Protection and Advocacy Services at:

800-622-4845
317-722-5555
800-838-1131 (TTY)
www.in.gov/ipas

This article is intended to provide basic information; it is not legal advice and cannot substitute for consultation with an attorney. Attempts were made to ensure its accuracy at the time of printing; however, the information herein is subject to change. The contents are solely the responsibility of IPAS and do not represent the official views of state or federal government.



The Arc of Indiana Master Trust We're Ready to Meet You



Trust Director Melissa Justice

The fall season for The Arc Master Trust brings many conferences and transition fairs. The trust staff, including Trust Director Melissa Justice, enjoys presenting and exhibiting at these events as an opportunity to share information throughout the state. Please contact us if you would like The Arc Trust to join you at your event.

Another important service provided by The Arc Trust is one-on-one meetings with families, individuals with disabilities seeking to create their own trusts, and staff who provide services to people with disabilities. We have found over the years that these face to face meetings can be beneficial to those considering setting up a trust or who can help the people they serve learn about trust options. There is no charge, and the location is yours to determine, whether it be around the kitchen table, your local library, the agency where you or your loved one receive services, or here at our office.

A positive aspect of meeting together is the opportunity make a personal connection. Hearing a voice on the phone or reading an email from someone is not the same as having a face to face conversation. Meeting directly with the trust director helps to "put a face" with the name.

A positive aspect of meeting together is the opportunity make a personal connection.

Another positive of face to face meetings is that families can find answers to questions regarding their unique concerns around establishing a trust and other future planning needs. Where to go to establish a special needs trust is a big decision. Being able to talk candidly with the trust director can be quite useful in getting those questions and concerns addressed. It can help families, individuals or staff make an informed decision on whether or not The Arc Trust meets their particular needs.

The third benefit of face to face meetings is being able to review or complete the paperwork with assistance from the trust director. Instead of having to work through the forms on one's own, the trust director can help complete all the necessary documents at the meeting or explain what information is needed.

The Arc of Indiana 2014 Conference is a great opportunity to meet one-on-one with Trust Director Melissa Justice and Assistant Trust Director Brandi Davis. The closing round of workshops at the conference will offer a series of "Ask Events," where you can meet with experts in their fields, including The Arc Trust staff. Complete conference information is included on pages one and eight of this newsletter, or online at www.arcind.org/2014conference.

Please don't hesitate to contact Trust Director Melissa Justice at any time to schedule a meeting to discuss a trust, invite her to make a presentation or attend your local event as an exhibitor.

The Arc Master Trust
317-977-2375 or 800-382-9100
mjustice@arcind.org

Self-Advocates of Indiana (SAI) and The Arc of Indiana, with the support of Indiana Protection and Advocacy Services (IPAS), have created an informational card, **You Have Rights!**

The card carries the message:


You have the right to be safe.
You have the right to work.
You have the right to make choices.
You have the right to speak up.

The card also includes contact information for IPAS.

If you would like a supply of cards to share with individuals with disabilities and/or families in your area, contact Laura Cummings, SAI Administrator, at lcummings@arcind.org or 317-977-2375. Please include your mailing address in your request.

Are you a person with a disability?
You Have Rights!
You have the right to be safe.
You have the right to work.
You have the right to make choices.
You have the right to speak up.

INDIANA PROTECTION AND ADVOCACY SERVICES COMMISSION (IPAS) CAN HELP.
IPAS may provide help through information, assistance, education, advocacy and more!



IPAS
VOICE:
800.622.4845 or 317.722.5555
TTY: 800.838.1131 EMAIL: info@ipas.in.gov

Save the Date Sexual Abuse & Prevention Seminar

December 3, 2014 Indiana Government Center

Come to this important seminar to learn about:

- **Abuse in the lives of people with intellectual and developmental disabilities**
- **How much is abuse happening**
- **Who is committing the abuse, and why they get away with it**
- **How abuse and the risk of abuse can be reduced**
- **How we can help survivors**

The seminar, led by national expert Dr. Nora Baladerian, will include information on the who, what, when, why and how of abuse. It will include what actually has happened to real survivors, and how they found their way from being

victims to survivors. And it will include a discussion of how to reduce the risk of abuse and the impact of abuse. Finally, there will be a brief discussion on individual and group healing methods.

Nora J. Baladerian, Ph.D., Project Director of the Disability and Abuse Project, is a clinical psychologist with a private practice focusing on trauma and abuse. She conducts seminars and trainings for first responders, agency personnel, and service providers.

Watch our website or sign-up for our e-newsletter at www.arcind.org for information and updates on this important seminar.

Hosted by the Indiana Family and Social Services Administration



The Arc
Master Trust

Serving Hoosiers of all disabilities and their families for over 25 years



Regardless of your age, or your child's age or disability, planning for the future is important.



Trust I Helping families plan for the financial future of their loved one

Trust II Helping people with disabilities fund their own trust

www.thearctrust.org

Making the Change
The Arc of Indiana Annual Conference
Appreciation Luncheon & Annual Meeting
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Conference Agenda

8:00 a.m.	Registration & Exhibits Open	11:15 a.m.	Workshops
9:00 a.m.	Workshops		
	Indiana’s New Medicaid Disability Eligibility Process <i>Brianne Lott, Project Coordinator/Research Associate, Center on Community Living & Careers, IIDC</i>		Hoosier Care Connect, Medicaid Managed Care for People with Disabilities <i>Joe Moser, Indiana Medicaid Director</i>
	Indiana’s IEP, What Parents Need to Know <i>Matt Johnson, Indiana IEP Resource Center</i>		Vocational Rehabilitation - News You Can Use! <i>A conversation with Kylee Hope, Director of the Indiana Bureau of Rehabilitation</i>
	Speak Up! Your Voice as an Advocate <i>Kristen Johnson, Program Supervisor, Best Buddies Indiana</i>		The Affordable Care Act & Insurance in Indiana <i>Michele Trivedi, The Arc Insurance Project Manager</i>
10:00 a.m.	Morning Keynote—The Shut Up Sisters		Seclusion & Restraint in Schools - Where are We Now <i>Dana Renay, Autism Society of Indiana Executive Director; Nicole Hicks</i>

The Arc of Indiana 2014 Conference
& Appreciation Luncheon
Registration

Register online at www.arcind.org/2014conference

Name _____
Company _____
Address _____
City _____ State _____ Zip Code _____
Phone _____ Email _____

Special Accommodations/Dietary Needs _____

Please select you registration type(s) and indicate the number of people being registered.

- _____ Self-Advocate - \$15 per person
_____ Family Member or Member of The Arc - \$25 per person
_____ Direct Support Professional - \$25 per person
_____ Professional/Local Chapter of The Arc or Organizational Member - \$50 per person
_____ Professional - \$60 per person
_____ Appreciation Luncheon ONLY - \$25 per person

Total \$ _____

If you are registering multiple people, please provide their names below or on an attachment:

Payment Information

_____ Visa _____ MasterCard _____ American Express _____ Discover
Credit Card Number _____ Expiration Date _____ Card Verification Code _____
_____ Check Enclosed, made payable to The Arc of Indiana

Please Return To:

The Arc of Indiana
107 N. Pennsylvania St., Suite 800
Indianapolis, IN 46204
Scan & Email: events@arcind.org
FAX: 317-977-2385

- Self-Advocates of Indiana Annual Meeting
12:15 p.m. Appreciation Luncheon
Andrew & Craig Peterson
Awards Presentation
2:15 p.m. Afternoon Keynote
Mayor Dennis Tyler & Kim Dodson, The Arc of Indiana
3:15 p.m. Workshops
Social Media & You
Laura Cummings
Self-Advocates of Indiana Administrator
Ask Events—Experts in their fields will be available to answer your questions one-on-one
Ask a Lawyer
Ask a Family Advocate
Ask The Arc Insurance Project Manager
Ask The Arc Master Trust
Ask BDDS & VR
3:15 p.m. The Arc of Indiana Annual Meeting
4:00 p.m. The Arc of Indiana Board of Directors Meeting



The Arc

Achieve with us

The Arc of Indiana is proud to work with our 42 local chapters of The Arc throughout the state. Find a chapter near you by visiting www.arcind.org/about-the-arc/local-chapters. We are affiliated with The Arc of the United States. Learn more about The Arc by visiting www.thearc.org.