



Join Community Connections

This year has been a lonely and isolating time for a lot of people. Community Connections is a chance for people in Marion County to join activities and use a free smartphone app to help us reconnect with one another!

What does Community Connections include?

- **Free** access to the Quillo Connect app, including hundreds of videos to watch and share with others. *See below for details.*
- Join monthly virtual activities, hosted by our partners:



What kinds of videos will I see on Quillo Connect?

Videos are in six [LifeCourse](#) categories: **Daily Life & Employment, Community Living, Social & Spirituality, Healthy Living, Safety & Security, and Advocacy & Engagement.**

What kinds of virtual activities can I join?

Partner organizations will host a variety of online sessions, such as yoga, cooking classes, art, chat rooms, hangouts, bingo, dance parties, and more. Videos on the Quillo Connect app and a calendar will have information on how to register for each activity.

How do I sign up?

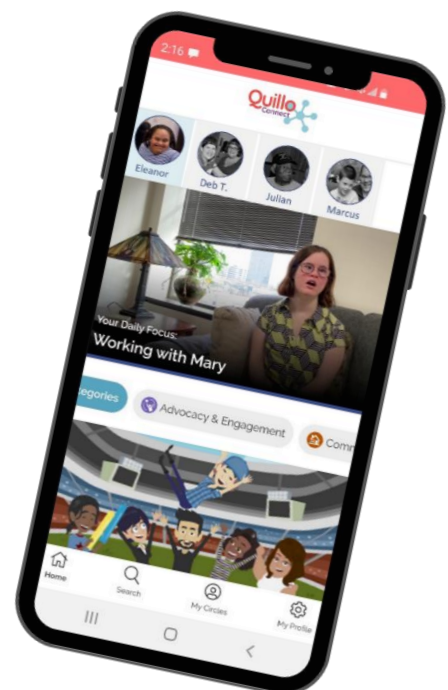
Community Connections is **free** to join. If you are a person with an intellectual or developmental disability and you live in Marion County, download the “Quillo” app from the App Store to get started. See page 2 for step-by-step instructions.

What is Quillo Connect?

- New app that connects people with I/DD, families, and friends to resources.
- Create **Circles of Support** and invite family and friends to join.
- Watch short 1-minute videos that share stories and ideas.

Questions or need assistance?

Contact 1-866-784-5561 (1-866-QUILLO1) or email support@myquillo.com.



Thank you to our funders for supporting this program: Indiana Office of Community and Rural Affairs (OCRA), the City of Indianapolis, and the Family and Social Services Administration (FSSA).



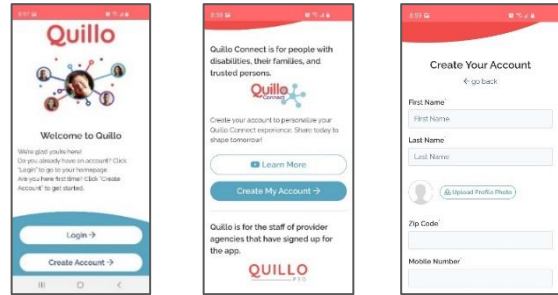
Ready to download the app?
Open this QR Code on your phone.
If you aren't familiar with QR codes,
skip this and head to Step 1!

- Download the Quillo app on your smartphone, tablet, or computer.
 - On a smartphone or tablet, search "Quillo" to download the Quillo app from your app store and open it.
 - On a computer, go to www.myQuillo.com and click "Login."

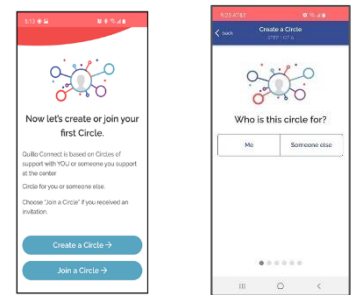


- Create Your Account.** On the first screen, click "Create Account" to get started. On the second screen, click "Create My Account."

- Enter Your Info.** Add your basic profile information. Click "Create Account" when you're done.

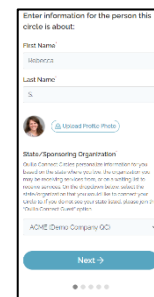


- Circle of Support.** Create your first Circle of Support for yourself or someone in your life.



- Join Your Program.** Choose the state or organization that fits. **Community Connections users: please pick "Indianapolis – Community Connections."**

Click "next."



- Finish Your Profile.** Complete Steps 3-6 on the app, including your role, topics and age ranges that interest you, and state services you may receive.

- You're all set!** Click "Invite Others to My Circle" to connect with friends and family. Click "Take me to the videos" to start exploring the video library.

