



Annual Conference & Impact Awards Luncheon

October 24, 2018

Welcome

from The Arc of Indiana Executive Director



Welcome to The Arc of Indiana's 2018 Conference, Impact Awards and Annual Meeting.

On behalf of the board of directors and staff, thank you for joining us today as we come together to learn, network, and celebrate.

Indiana made history this year when Jamie Beck became the first person in Indiana to have a court approved supported decision making agreement. I can't wait for you to hear Jamie share her story and to learn from our panel of experts about this important alternative to guardianship.

Breakout sessions brought to you in partnership with Self-Advocates of Indiana will bring you up to date on what is happening at the federal level, get you ready for the important November 6th elections, delve into new approaches the state is taking to work with families and people with I/DD across their LifeCourse, provide training in recognizing signs of abuse, and more.

Whether you are a self-advocate, family member, chapter leader, or staff – you make a difference in the lives of people with I/DD. We look forward to recognizing just some of the people whose significant accomplishments are making an impact in the lives of people with I/DD and their families at our Impact Awards Luncheon. And, I am excited for you to hear from our luncheon speaker, Katharine “Kat” Muir, an accomplished young woman who brings unique insights to living, and thriving, with autism.

It is also a very special day as we celebrate the 30th anniversary of The Arc Master Trust, and we are thrilled to have Lt. Governor Suzanne Crouch here to join us in the celebration.

I hope you enjoy your day and come away renewed!

Sincerely,

Kim Dodson
Executive Director

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The Arc
Indiana



and Self-Advocates of Indiana President



Dear Self-Advocates,

The Self-Advocates of Indiana board of directors and I would like to welcome you to our annual conference and meeting. We are excited to be partnering with The Arc of Indiana again this year.

It's going to be a busy day filled with speakers, workshops, exhibits, and board elections. This year we will have many breakout sessions focused on advocacy, empowerment, and more! We are excited to welcome our opening session presenters, Jamie Beck, Melissa Keyes, and Dan Stewart, as they share their experiences with supported decision making and look forward to hearing from Kat Muir during the Impact Awards Luncheon. Don't forget to join us at 2:15 PM for SAI's Annual Meeting and Board Elections.

I hope that you have a fun time by connecting with other self-advocates and leaders from around the state, learning new things and leave here prepared to utilize your ability as a self-advocate in your community.

Many thanks to our sponsors, speakers, and exhibitors for helping make this event possible and thank you to our members for making Self-Advocates of Indiana such a strong advocacy organization!

Sincerely,

Kelsey Cowley
SAI President



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Schedule of Events

8 am - 2:30 pm	Exhibit Booths Open <i>Golden Preconvene</i>
9 - 9:50 am	Opening Plenary: <i>A Story of Supported Decision Making</i> <i>Golden Ballroom</i>
10 - 10:50 am	Breakout Session 1
11 - 11:50 am	Breakout Session 2
12 - 2 pm	Impact Awards Luncheon <i>featuring Kat Muir</i> <i>Golden Ballroom</i>
2 pm	The Arc of Indiana Annual Meeting
2:15 pm	Self-Advocates of Indiana Annual Meeting



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A Story of Supported Decision Making

- Jamie Beck
- Melissa Keyes, Legal Director at Indiana Disability Rights
- Dan Stewart, former guardian
- Jill Smith, The Arc of Indiana

Listen to the story of Jamie Beck as she shares the events that led her to move from plenary guardianship to supported decision making. Jamie will share her journey and describe her self-determination in learning new skills and making a new way for herself as she was faced with several challenges. Listen as Melissa Keyes explains the philosophy of supported decision making, and why it is such an important option, and a valuable alternative to guardianship. Dan Stewart will explain his role in Jamie's journey as the former guardian and outline how others can help support individuals currently under guardianship to become more independent. Facilitated by Jill Smith, The Arc Advocacy Network.



Picture from left to right, Melissa Keyes, Legal Director at Indiana Disability Rights; Jamie Beck, first person in Indiana to have a court approved supported decision making agreement; and Dan Stewart, Jamie's former guardian.

Breakout Session 1

10 am - 10:50 am

Domestic Violence 101

Location: Fortune Square A

Presenter: Jennifer Reister, MLD; Senior Director of Mission Impact, The Julian Center

This session will provide an overview of the dynamics of domestic violence as well as local statistics and indicators related to domestic violence. Topics will include trauma bonding, high-risk populations, social entrapment and tips for supporting survivors. **TRIGGER WARNING:** This presentation will contain specific and detailed examples of different types of domestic violence which may be upsetting and/or triggering for some attendees.

Beyond Tokenism

Location: Fortune Square B

Presenter: David Taylor, Council Member; Michigan Developmental Disabilities Council

Beyond Tokenism encourages against the practice of making only a symbolic effort to do a particular thing, especially by recruiting a small number of people from underrepresented groups in order to give the appearance of equality within a workforce. This presentation will identify the best practices currently being used throughout the United States and elsewhere to effectively include people with developmental disabilities with high and complex support needs in participating in policy making, advocacy, and community activities of disability policy-making bodies. People with disabilities will also be provided tangible options for how they can advocate for their themselves and their needs when they do become involved.

Breakout Session 1

10 am - 10:50 am

Voter Empowerment

Location: Fortune Square C

Presenters: Kristin Dulaney, Communications & Outreach Specialist; IDR

Kelsey Cowley, President; SAI

Carolina Moss, Digital Communications Specialist; IDR

Are you ready to be empowered? Self-Advocates of Indiana has teamed up with Indiana Disability Rights and the SABE GoVoter Project to bring you information about voting. We will discuss why we vote, how to register, where to learn about the candidates and the issues, and about your rights on election day. You will leave empowered and ready to vote on Tuesday, November 6.

BDDS: A Person Centered Approach to Supports

Location: Fortune Square D

Presenters: Cathy Robinson, BDDS Director

Holly Wimsatt, BDDS Director of Client Services

The Bureau of Developmental Disabilities Services is committed to a person centered approach that supports individuals and families on the journey to their good life. A key to this person centered approach is the new Person Centered Individualized Support Plan (PCISP). Presenters will discuss some of the concepts behind the development of the PCISP, how it is being implemented, and how it can give a stronger voice to individuals and families. Presenters will also share some of the tools that can be used by individuals, families, and teams to ensure that the individual and his or her vision for a good life remains at the center of team efforts and support. Participants will be given the opportunity to utilize tools from the LifeCourse Framework.

Breakout Session 2

11 am - 11:50 am

Federal Policy Update: What is happening in Washington DC

Location: Fortune Square A

Presenter: Nicole Jorwic, Director of Right Policy; The Arc

Come and hear from Nicole Jorwic, Director of Rights Policy at The Arc of the United States, about what is going on in Congress. Come and hear about what has been happening, what to expect during the lame duck session of Congress and going into 2019.

Designing Accessible Materials with Self-Advocates

Location: Fortune Square B

Presenters: Jennie Todd, Research Associate; Center for Health Equity at IIDC

Matthew Norris, Research Associate; Center for Health Equity at IIDC

Courtney Clark, Secretary; SAI

This presentation will provide an overview of the partnership between the Self Advocates of Indiana and the Indiana Institute on Disability and Community to develop accessible written information about the Americans with Disabilities Act (ADA). Many of the materials about the ADA contain complicated terms taken from the law and regulations rather than everyday language. In this session, the presenters will cover:

- What is Accessible Written Information
- How and why it is important to involve people with disabilities in the process
- How we developed the Know your Rights: Pocket Guide to the ADA
- What is the Pocket Guide to the ADA

Breakout Session 2

11 am - 11:50 am

Key Update from the Division of Disability and Rehabilitative Services

Location: Fortune Square C

Presenter: Kylee Hope, DDRS Director

The Division of Disability and Rehabilitative Services provides a variety of federal and state programs to enhance the lives of individuals with disabilities. In this session, you will hear about key updates and current and future initiatives from the director of the Division.

An Introduction to EGTI

Location: Fortune Square D

Presenter: EGTI Staff

Erskine Green Training Institute (EGTI) is a postsecondary vocational training program that was developed by The Arc of Indiana Foundation. Students attending EGTI live on-site at the Courtyard Muncie for 10-13 weeks while receiving on-the-job training in a job within a hotel, restaurant, or healthcare setting. During this breakout, attendees will receive an overview on EGTI's programming and leave with a better understanding of what EGTI provides.

Kat Muir

“Autism: An Insider’s Guide”

When you meet one person with autism, you have met one person with autism. Each unique perspective makes up the whole spectrum. Hear one such perspective about growing up a “free range Aspie,” diagnosed in graduate school while studying to become a bilingual speech pathologist.

Katharine “Kat” Muir received her Bachelor’s degree in Speech and Hearing Science at Miami University and her Master’s degree in Bilingual Speech Pathology at Indiana University.



Not only is Kat fluent in French, Spanish and German, she has conversational skills in Farsi, American Sign Language and Mandarin, as well. Kat loves comparing the structure and the way sounds differ among languages. Her love of languages is what drew her to her career as a speech-language pathologist.

Diagnosed with autism at age 22, Kat uses her skills to her advantage — sensitive hearing is helpful for speech therapy sessions (but maybe not so much in a crowded store).

During Kat’s six years at Easterseals Crossroads, she has served as an interpreter not only between languages, but between those on and off the autism spectrum.

Kat lives in Indianapolis and enjoys horseback riding, swimming and playing the clarinet.

Impact Award Winners

Executive Director Award

Awarded during Opening Plenary

Jamie Beck
Dan Stewart
Dawn Adams
Melissa Keyes
Erica Costello
Justin Schrock

Employment Impact Award

Troy Frisz

Cathleen Clark Professional Service Impact Award

Cynthia Johnson

Outstanding Professional Achievement Impact Award

Jim Allbaugh

Outstanding Self-Advocate Impact Award

Becky Oaks

President's Award

Sue Loughlin
Terre Haute Tribune

Membership Traveling Trophy Winners

KCARC, The Arc in Knox County
Noble/The Arc of Greater Indianapolis



GOVERNOR'S COUNCIL FOR PEOPLE WITH DISABILITIES

What We Do:

Systems Change Grants

GCPD strategically funds projects to effect systems change, improve existing policies and practices, and demonstrate new approaches to solving problems.

Improving Public Policy

GCPD ensures that policymakers in Indiana have the information that they need to make informed decisions and that the interests of people with disabilities are considered during policy, legislative, and budget deliberations.

Empowering Advocates

GCPD trains individuals with disabilities and their family members in self advocacy, self-determination, and leadership, along with other areas related to the Council's goals and objectives.

We Change Lives by Changing Systems

The Indiana Governor's Council for People with Disabilities (GCPD) improves the lives of people with developmental and other disabilities in Indiana by strategically funding grants, influencing public policy, and training people with disabilities and their family members to more effectively communicate and advocate for themselves and their communities. GCPD works to ensure that people with disabilities can live independent and productive lives in the community with the supports and services that they need to maximize their potential. The following is a snapshot of just some of the work that GCPD has done in the past five years:

GCPD awarded over \$5 Million dollars grants and contracts and leveraged an additional \$4.25 Million dollars in non-federal funds, including projects that:

- Increase the availability of accessible housing in Indiana
- Increase employment opportunities for people with disabilities
- Improve transportation coordination and access
- Empower people with disabilities to protect themselves from abuse, neglect, and exploitation
- Registered 11,022 individuals with disabilities to vote
- Recruited 28,867 individuals with disabilities to join Indiana's statewide disability advocacy coalition

Over 130 policies and programs were created or improved through Council activities and collaborations, including policies that:

- Provided greater and safer access to the community for people with disabilities through the adoption of municipal ordinances and regulations
- Helped open the doors for individuals with developmental disabilities to attend colleges and universities around the state
- Assisted with the statewide adoption of "Employment First" which makes integrated community employment at competitive wages as the first and preferred outcome for all people with disabilities

Nearly 21,000 individuals were trained to enhance their leadership skills, increase their knowledge, and more effectively communicate with policymakers.

- People with disabilities and families are members of boards and leadership coalitions and remain active in grassroots advocacy since receiving training
- In the words of one recent trainee: *"For me, this has been a life changing experience. I now feel that I CAN be the change I want to see in the world."*



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Hi, I'm Michelle Fischer, and welcome into **A View from My Window**

As the host of A View from My Window, Michelle Fischer is living her dream of being a broadcast journalist.

Join Michelle as she gives you a view into key issues effecting Indiana and the disability community.

Listen to Michelle's show at arcind.org/podcasts

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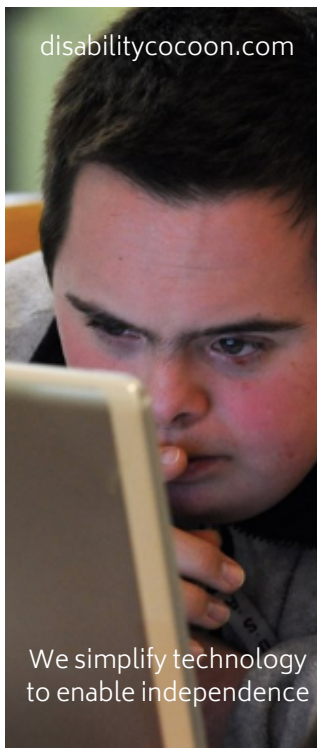


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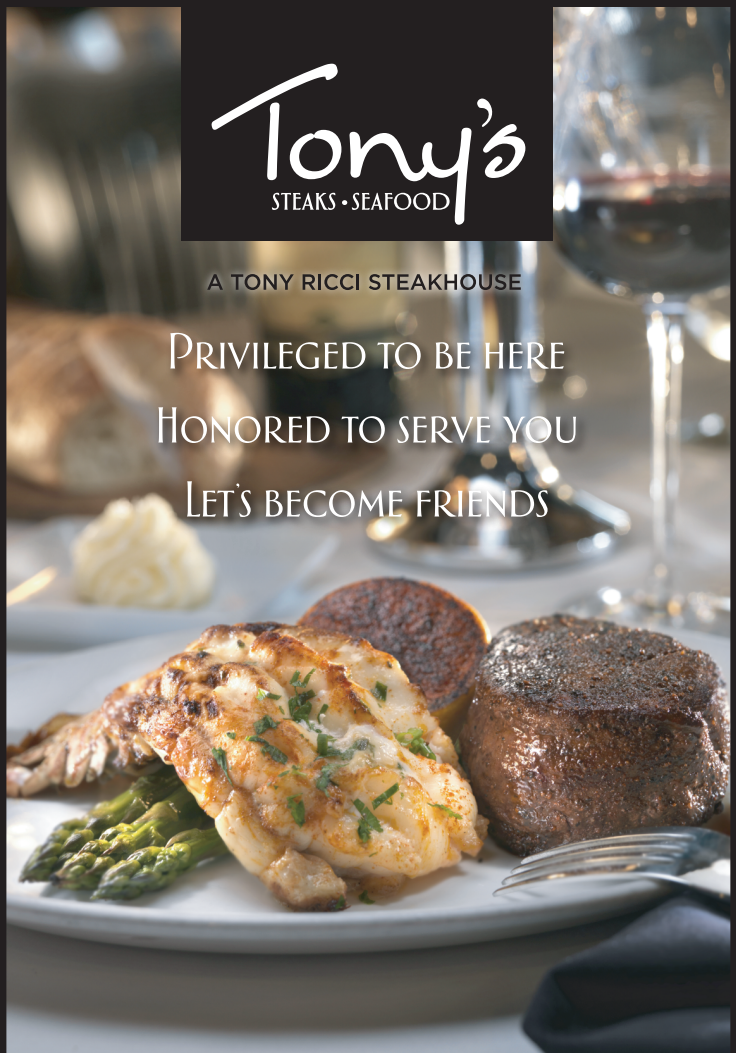
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The Arc of Indiana and Self-Advocates of Indiana
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